



Asquith Mixed Probud Club BULLETIN

President's Letter

This month we have more excellent activities Including a tour to the Victorian high country and an inspection of the new Western Sydney Airport.

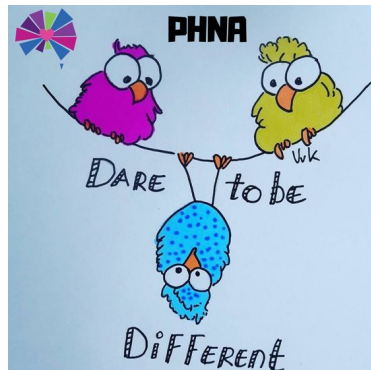
Enjoy the beautiful Autumnal weather with walks planned for the Parramatta River and the Seacliff Bridge at the South Coast.

We will learn about the work of Meals on Wheels from our Guest Speaker later in the General meeting.

I encourage members to become involved in the activities, outings, and meetings where you will meet a very friendly group of people.

President

Jim Jeffries



Meeting Dates at Magpies

General Meetings

10am for 10.30am start.

Thursday 2nd May 2024

Thursday 6th June 2024

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Bulletin: Editor: Sylvia Gratton

☎ Mob:

Asquith Mixed Probud Club Inc.

The Secretary AMPC, 37 Alan Avenue,
Hornsby 2077

Formed by the Rotary Club of Berowra on 2
October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy

Act 1988 and recommendation from
Probud South Pacific, this newsletter is
private and confidential for members of
Asquith

Mixed Probud Club use only and is not to be
used for any other purpose.

COMMITTEE NOTES – APRIL 2024

Anne Dorey was appointed as Walks Coordinator and Judy Thompson was appointed for Hospitality.

New Secretary Ruth Barwick was thanked for doing an excellent job.

Three new Committee members will attend the Probus South Pacific Open day next month to see Head Office in action.

We will begin planning for Probus Month in October which will celebrate Community and Companionship.

Our visit to the New South Wales State Library was a great success and the tour to the Victoria High Country Tour is fully booked with a total of 42 people.

The Seacliff walk will be re-scheduled due to road closure following extreme weather.



Asquith Mixed Probus Club

Treasurer's Report as at 8 April 2024.

Funds received so far, this year	\$10,052	
Reduced by our expenses of	<u>\$2,042</u>	
Leaving funds available so far for this year		\$8,010

.... The above funds consist of cash		\$22,345
less accumulated Member's Equity	\$10,906	
less - mainly member payments		
for future activities	\$3,429	\$14,335
		<u>\$8,010</u>

Treasurer's Report as at 8 April 2024
Angus Dougall.

DOLLS When? The Wednesday following our monthly 'member meeting' at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Barbara Williamson's home. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit! 14 Angophora Place Pennant Hills. **Phone Barbara.**

MAH-JONG The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke for more information.**

CARDS 500 cards held 1st and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary.**

MEN'S GROUP Meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison.**

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 th Thursday BBQ	Carol & John Channon
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Cards 500	Mary Glasby	Walks	Laurie Keaton
Ambassador	John Davies	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Sandra Lees	Assist. Tours/Excurs.	Lula Andersen
Assist. Tours/Excurs.	Jim Thompson		

AMPC COMMITTEE MEMBERS 2024-25

AMPC Committee Members		Phone	Email
President	Jim Jeffries		
Vice-President Elect			
Vice-President	Vicki McPherson		
Secretary	Ruth Barwick		
Treasurer	Angus Dougall		
Committee			
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Asst Membership	Denise Mayhew		
Programme	Jim Jeffries		
Tours/Excursions	Trish Tailor		
Welfare	Nita Shields		
Assistant Secretary	John Davies		
Assistant Treasurer			
Walks	Laurie Keaton		
Past President	Sandra Death		

NSW STATE LIBRARY REPORT

On our outing on the 21st March we visited extremely interesting exhibitions at the NSW State Library. The exhibitions ranged from early Australian colonial paintings and sketches to the use of film to document the experiences of Australian Defence Force personnel overseas, recreating events from our military history from before the First World War until today.

Also on display, award winning photography by Australian Journalists, across a range of genres from news and sports to portraiture which were wonderful.

There were also other exhibitions to visit. All in all, a very enjoyable day for everyone. Thank you Mal, Suellen and team.

Trish Taylor

TRIPS AWAY

VICTORIA HIGH COUNTRY EXPLORER - 5 DAY TOUR - 7 -11TH MAY

Application for this trip is now **CLOSED**.

Pick up time 6.30 am, Hornsby Station, Stand A.

Please contact **MAL** if there are any changes.

LORD HOWE ISLAND

23-30 MARCH 2025

Lord Howe Island is an offshore island. Roads are often uneven and gravelly and may not be suited to people who do not have good general fitness and mobility. Transport is limited and tourists get around the island by walking or pushbike. Group flights are limited to 20 people.

Cost for a twin share standard apartment with kitchenette is around \$4,349 (single supplement \$1,450). Cost for a superior apartment is \$4,479 (SS \$1,590) so, as accommodation on the island is limited, cost will depend on room availability at time of booking.

These prices include Qantas flights to and from the island, breakfast and dinner each day plus a daily tour. Lunch can be purchased at a café or made in your apartment.

A non-refundable deposit of **\$255 per person is due at the May meeting**. It is highly recommended that travel insurance be taken out, although substitutions can be made.

If you are interested in coming along, please contact Yenda as soon as possible.

YENDA

DAY TRIPS

VANILLA CREAM CAFE - 16th MAY, 2024

10.00 am

Amaroo Park
233 Annangrove Road
ANNANGROVE 2156

***(Look for the Kashi Indian Curry sign and turn into these shops, then follow the Vanilla Cream signs to the Cafe.)**



You will have a choice of cakes, scones, raisin toast or just coffee if you wish. You will pay on the day. Order and pay at the cash register.

This will be a drive yourself, but if you need a lift please let us know at the back desk.

TRISH

WESTERN SYDNEY AIRPORT/WARRAGAMBA DAM DAY TOUR

19th JUNE, 2024

\$75.00 per person

PAYMENT WILL BE NEEDED BY THE JUNE MEETING

NOTE THIS IS A WEDNESDAY TOUR

Bus pick up from **Hornsby Station 8.30 am** - time has now been confirmed. Pick up will be from the **George Street side of Hornsby Station heading north.**

- Visit to Warragamba Dam, Morning Tea, Visitor Centre, Dam Lookout.
- Lunch Wallacia Hotel
- Western Sydney Airport and WSI Experience Centre

TRISH

DOYLES ON THE BEACH WATSONS BAY - WINTER LUNCH SPECIAL

18th JULY, 2024

12.30 pm

\$54.00

PAYMENT DUE BY JULY MEETING

Dine at Doyles on the Beach and enjoy their Winter Lunch Special - Bowl of Chowder, Fish & Chips and a Glass of Wine. Maximum of **24** people.

Train from Hornsby 10.25 am platform 1, arriving Wynyard 11.08, Wynyard to Circular Quay 11.15 platform 6, arriving at 11.18 am. Ferry to Watsons Bay 11.45 am Wharf 2, arriving 12.08 pm.

LED BY VICKI

There is also the option of travelling with this group and having lunch at: **DOYLES ON THE WHARF TAKEAWAY**. Here you can eat your lunch on the Wharf or sit beside the beach and enjoy your meal.

TRISH

NSW ART GALLERY - ARCHIBALD, WYNNE AND SULMAN EXHIBITION WITH GUIDE

15 AUGUST, 2024

\$27.00

8.13 am train from Hornsby platform 1, arriving at Town Hall 9.00 am, Town Hall platform 5 to Martin Place, arriving at 9.07 am.

15 min walk to Art Gallery across the Domain

9.30 am - 1hr guided private group tour of the exhibition

Option to explore the Galleries at your leisure after the tour

Return walk to Martin Place Station OR bus 441 from Art Gallery to QVB at Town Hall

TRISH

GARDEN ISLAND DOCKYARD HERITAGE TOUR

THURSDAY 19TH SEPTEMBER 2024

10.00 AM

\$30.00 per person

PAYMENT DUE BY 30th AUGUST, 2024

We will have a guided walking tour of GID. (Duration 2.5 hours starting at 10.00 am).

Catch the **8.01 North Shore train at Hornsby** (Platform 1) cars 2 & 3. NB Berowra 07.47, Mt Kuring-gai 07.51. Get off at **Wynyard** and proceed to the **York St bus stop G**. Catch the **311 bus at 9.08am** to GID.

We need to be at the GID gate by 9.45am for check in. The names of those attending must be supplied to PROBUS as we have to give this list to GID 2 weeks before the tour.

The tour includes stairs and uneven surfaces. Wear sensible shoes. No cameras.

After the tour finishes, there are several hotels nearby (including Harrys-cafe-de-Wheels) for lunch. You can walk back to the city or catch the 311 bus which leaves at 17 and 47 minutes past the hour.

JIM THOMPSON

Speaker's Report

Our speaker next month will be Alex Kane- the General Manager of The Village Chef. Alex joined in January 2022 when the organisation was known as Meals on Wheels Ku-ring-gai Hornsby. The Northern Beaches joined the service and the name was changed

Village Chef now has 600 clients, 350 volunteers and produces 5K meals each week.

Australia's Meals on Wheels began in 1953 when Mrs. E. Watts peddled her tricycle around South Melbourne, delivering meals to the needy. In 1957 Sydney City Council launched Meals on Wheels in NSW.

The majority of clients are on the Aged Care Funding scheme but also on Home Care and NDIS.

In June, we have Nathan Tilbury to talk about Edgeworth David followed by Donna Ward in July to discuss living with dementia.

MAGPIES BIGGEST MORNING TEA THURSDAY 2nd MAY 2024

Magpies is having a biggest morning tea to raise funds for the Cancer Council, donations are welcome.

WALKS

28 members enjoyed the last walk to Centennial Park. The assistance of Anne, Bruce and Russ was most appreciated.



Federation Pavilion



Sandy Potter passed away on 10th April 2024. I posted a couple of photos on the AMPC Facebook page and I include a couple more of a harbour walk in 2012. His choice of hat showed us what a character he was and beneath was a person of real courage. Sandy will be greatly missed by everyone in our Club especially the walking group. Laurie.



FUTURE WALKS

MAY

THURSDAY, 23 MAY 2024

This activity is rescheduled from the cancelled outing from last year.

WHERE: Seacliff Bridge – South Coast

LEADS: Long Walk (1) - Kevin Watson

Short Walk (3) - Laurie Keaton (0409 226 121)

WALK 1: Stanwell Park to Seacliff Bridge and Scarborough Stn – 6.2km

WALK 2: Possibility subject to numbers and walkers' ability
Coalcliff to Sea Cliff Bridge and Scarborough Station – 3.7km

WALK 3: Scarborough to Seacliff Bridge and return – 3.2km

TRAVEL: 8.02am - Berowra), 8.16am (Hornsby) via North Shore Line

9.27am - Central - Platform 25 to Helensburg)

10.25am - Helensburg to Stanwell Park, Coalcliff & Scarborough

LUNCH: Imperial Hotel, Clifton

BRING: Water, morning tea snacks - **Hats and Sunglasses essential**

RETURN: Scarborough Station - Allow 20min walk from Hotel to Station

Sydney bound trains depart Scarborough 1.30pm, 2.30pm, 3.30pm

JUNE

THURSDAY JUNE 27

LEADS: Laurie Anne Russ. Train Marshal Hornsby Anne

WHERE: Parramatta River Walk 2 Olympic Park Wharf to Silverwater

WHAT: Train to Meadowbank. 10 min walk to Ferry and cross river

Olympic Park Wharf. Flat Walk/Easy to Silverwater Hotel. Total 3.2km

Extension to the Armory and later circuit of Silverwater Park. Add 1-1.5 km on return journey depending on your mode of travel.

TRAVEL: 9.56 Berowra, change To **Plat 4 HORNSBY 10.16 T9** Arr Meadowbank
10.43 Ferry Departs 11.00 am Arr Olympic Park Wharf 11.03.

Return Buses to Strathfield Or East wood or Walk to Rydalmere Ferry
Wharf and catch Ferry back to Meadowbank.

BRING:

Morning tea or use the Armory Cafe on the River Bank.

LUNCH:

Bring your own and use Silverwater Park or eat at Silverwater Hotel prior the Dooley club. No Reservations will be made but if attending the hotel advise Laurie out of courtesy to the hotel as a courtesy to proprietors.

HOSPITALITY Judy Thompson**CHINESE BANQUET at JOYFUL HOUSE**

Westfield

On Wednesday May 22nd at 6pm
Sign up & pay \$49pp by 2nd May
corkage \$4 pp. to pay at restaurant

**BIGGEST MORNING TEA**

To raise funds for Cancer Research
on Wednesday 12th June from 10.30am- 1pm
at Judy & Jim Thompsons, Unit 159 in E Block
Enter from Leonard Street, behind the SHELL Service Station.
Donations accepted even if you cannot come.

Activity 5th Thursday BBQ.

When 31st May 2024

Where off Galston Road at the Community Recreation Reserve adjacent to the Galston indoor Aquatic Centre.

A large undercover barbeque area is provided with 4 Gas fired stainless steel BBQs.

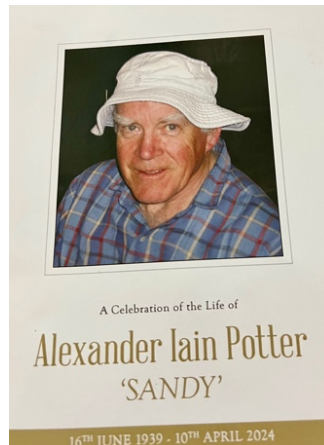
Tables and chairs are provided you may like to bring your own picnics chairs.

Bring your own food and drinks. John & Carole Channon



VALE SANDY POTTER.

A very significant loss to our club is that of foundation member Sandy Potter. His passing recently was a very sad occasion for all those with whom he enjoyed our activities. His quiet demeanour and pleasant, positive outlook made him someone whose company we all enjoyed. Laurie.



UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	3	
1 st & 3 rd Wed 10am	500 Cards Magpies	Mary Glasby	3	
3 rd Weds of Month	Men's Group Magpies	Robert Allison	3	
2 nd May 2024	Probus Meeting	Jim Jeffries		
8 th May 2024	Dolls	Barbara Williamson	3	
9 th May 2024	Committee Meeting	Jim Jefferies		
16 th May	Vanilla Cream Cafe	Trish Taylor	5	
23 rd May 2024	Seacliff Bridge Walk	Laurie Keaton	6	
22 nd May 2024	Chinese Banquet	Judy Thompson	10	
31 st May 2024	5 th Thursday BBQ	Channons	10	
6 th June 2024	Probus Meeting	Jim Jeffries		
12 th June 2024	Dolls	Barbara Williamson	3	
12 th June	Biggest Morning Tea	Judy Thompson	10	
13 th June 2024	Committee Meeting	Jim Jeffries		
19 th June 2024	Sydney Airport/Warragamba	Trish Taylor	5	
27 th June 2024	Parramatta River Walk	Laurie Keaton	9	